

**College Well Being Committee**  
**October 3, 2007 at 2:00pm**

**Attendees:** Joe Wilson, Jackie Ashbaugh, Tom Hammond, Alan Boettger, Denise Uitto, Cathy Cooper

**Excused:**

1. Approval of agenda by members
2. Recorder will be the secretary for this meeting. Question regarding the secretary's duties was discussed.
3. Reports from members
  - a. Joe Wilson – An email from Lindsie Webb was sent to clarify that the Dean will meet each semester with individual constituent groups (staff, contracted professionals, and faculty constituent groups) through the governance model.
  - b. Cathy Cooper will send an email to the committee members regarding an updates for college conference.
  - c. Alan Boettger brought information regarding events through the Growing Healthy Habits. On the website there are events in which all staff can participate. Teams can participate in the events. Potentially a link can be developed for the Growing Healthy Habits website.
  - d. Jackie Ashbaugh presented topics from the Chaffee Chiropractic Clinic were discussed. The possibility of a 15-20 minute presentation for staff will be presented to the college council by Cathy.
4. Potential workshop topics
  - a. Jackie Ashbaugh – Topics for wellness workshops from the college personal counselors were discussed. The counselors are available on Monday and Wednesday and there is no fee during their contracted time at Wayne College. The counselors will be presenting a session on alcohol awareness which will be open to students and staff. This committee will promote this event on October 22<sup>nd</sup> from 11:00am until 12:00pm in the Community Room. The committee will re-visit the idea of the counselors presenting a topic at a later meeting.
5. Events
  - a. A list will be available for all employees to sign up for the Dessert Cook-off after the College Meeting. All staff will be invited to the Filling Station to vote for the best dessert. Contributions will be donated to the Faculty Scholarship Fund. Information regarding this event will be sent to Susan Ackerman for the Common Currency and to Alan for placement on the Faculty Calendar.
6. For the Good of the Order – no comments
7. The meeting was adjourned at 2:55pm.

The College Well-Being Committee's mission is to promote community, cooperation, communication, and continuity among the various constituencies of Wayne College.