

**College Well Being Committee  
Minutes  
November 7, 2007 at 2:00pm**

**Attendees:** Joe Wilson, Jackie Ashbaugh, Tom Hammond, Alan Boettger, Denise Uitto, Cathy Cooper, Cher Deeds, Kevin Engle

**Excused:**

1. Approval of agenda by members
2. Recorder for the meeting: Denise Uitto
3. Reports from members
  - a. Jackie Ashbaugh - \$88.00 was raised for the faculty scholarship fund from the October Bake-off.
  - b. A discussion of the committee charges ensued. The three charges include:
    - I. Development, organization, and promotion of workshops and other presentations of well being topics
    - II. Convening meetings of the individual employee groups and the dean at least once a semester
    - III. Coordinating the constituency groups' (CP, faculty and staff) events for beginning of fall, end of fall, and end of spring.
  - c. Cathy Cooper – Report from the College Council regarding the charge for this committee. This committee is not responsible for fund raisers. Lindsie Webb gathered information on the top three topics for wellness workshops.
    - I. Being healthy: mentally, emotionally, physically
    - II. Conflict resolution and exercise – tie vote
    - III. Communicating effectively with others and Exercise – tie vote
  - d. Cher Deeds – At a recent staff meeting, staff decided what will occur at the December event for the college. Reservation details will be forthcoming to all faculty and staff.
  - e. Alan Boettger – The contest supported by Growing Healthy Habits concludes on November 16<sup>th</sup>. Akron Beacon Journal wrote a large article on fitness. Attendance was taken on Thursday to try to get Good Morning American come to Orrville to provide publicity to the community. Team Wayne College is competing in the Lose A Ton/Win A Ton Weight Loss Contest.
4. Discuss potential workshop topics
  - a. See information from Cathy Cooper and topics offered through Lindsie Webb to the college groups
5. Events
  - a. A silent auction will be conducted after the December college meeting and meal offered by staff.
  - b. February 1<sup>st</sup> – Counselor workshop after the College meeting
  - c. March 29<sup>th</sup> – Chili Cook off after the College meeting

The College Well-Being Committee's mission is to promote community, cooperation, communication, and continuity among the various constituencies of Wayne College.

6. For the Good of the Order – no comments
7. Next meeting: December 5<sup>th</sup> at 2:00pm The meeting was adjourned at 2:40pm.

The College Well-Being Committee's mission is to promote community, cooperation, communication, and continuity among the various constituencies of Wayne College.